What:
Diabetes Outreach

When:

Time: 4:00 PM to 6:00 PM

Dates:
Wednesday, July 15th
Wednesday, July 22nd
Wednesday, July 29th
Wednesday, August 5th

Where:
Wound Care & Hyperbaric Center
33 Medford Ave., 2nd Floor
Conference Room
Patchogue, NY 11772

Registration is Recommended.
Please Note: We Are Practicing
Strict Social Distancing
For Your Safety

Connect with us:
Maria Curcio, CDE, RDN, MS
631.687.4188
diabetesservices@LiCommunityHospital.org

LI Community Hospital is recognized by the American Diabetes Association (ADA)

Self-Management Education For Diabetes

Led for you by: Maria Curcio, RDN, CDE
Diabetes Wellness Education Services Coordinator

Our commitment is to partner with you so that you are equipped with skills to meet your needs. Together with the Certified Diabetes Educator and your peers, you will learn to make informed decisions daily on how to live a healthier life.

Here are some of the things you will learn:

- Planning healthy meals
- What your diabetes medications do
- Blood glucose monitoring
- Increasing your daily physical activity
- Coping and managing stress
- Staying motivated for a lifetime of health

Diabetes education is a covered benefit under most health plans whose beneficiaries have a diagnosis of type 1 or type 2 diabetes. Call for further information.